

**Sue is teaching a series of three classes which will be offered as follows:**

November 17 / 3-5 p.m.	Build A Home Practice Foundation
December 15 / 3-5 p.m.	Meditative, Restorative & Immune Building
January 26 / 3-5 p.m.	Open Our Hearts To Grace

**Cost:** \$30 per class or the full series for \$80. You may register the day of the class. You are welcome and encouraged to bring your own props.

**Location:** Siddha Yoga Meditation Center of Boulder at the Crossroads Gardens Building at 1800 30th Street on the 2nd floor, southeast corner of the building.

**Map:**

