



THERE WITH CARE



Family Yoga Class

benefiting

THERE WITH CARE

when Saturdays in March, 4:00–5:30pm
Saturday, March 3rd session will be lead by Sue and Eris Hollingshead!

what This super-playful, family yoga class benefits THERE WITH CARE, a Boulder non-profit providing a range of practical services for families of critically ill children in order to ease the burden of day-to-day obligations during the ongoing care of the child.
www.therewithcare.org.

Class is open to all ages/abilities with the assumption that children will participate the entire session.

where öm time yoga studio
2035 Broadway (between Pearl and Spruce)
öm time's Sat. 4-5:30pm sessions always benefit a charity

cost Session is free with a donation to THERE WITH CARE.

contact Sue at 303.817.2878 or öm time at 720.565.6115.



CHANGING THE WORLD ONE DOWNWARD DOG AT A TIME.

