



öm time

**Be Part of the Change.
Be Part of the Mala.**

Come participate with us as we
take part in the amazing
Global Mala Project.

September 22, 2007

12pm Full Mala Practice
(108 sun salutations)

Lead by Michelle Anderson, Jill
Clements, Jen Ross,
and Sue Hollingshead

3pm Full Mala of oms
(108 oms)

Lead by Local Kirtan Artist
Scott Medina

**These events
are donation based
(\$10 - 20 recommended)**

öm time yoga
2035 Broadway Blvd
Boulder, CO 80302
www.omtime.com



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Visit

www.globalmala.com

Om time is excited to participate in this amazing worldwide event. The purpose of this event is to unite the global yoga community from every continent, school or approach to form a "mala around the earth" through collective practices based upon the sacred cycle of 108 September 21 – 23, The Fall Equinox, as the yoga world's offering to further the UN International Peace Day. Each Yoga Center offers their form of a Yoga Mala according to their yoga tradition and inspiration.

Each Center can be dedicated to practice or to practice and seva (service) by integrating local action, and raising funds for 3 specific projects within the following organizations:

Global Warming -Trees for our Future
Children Refugees of War – War Child
HIV/AIDS – Youth Aids
Aids in Africa – RED & the Global Fund

Be part of the change – join in the mala...